

May 2025 Grief Support Calendar

At Trustbridge, our mission is to bring a sense of peace and hope to those who are grieving the loss of a loved one.

Attendance in the Nature of Grief Group is required prior to attending any open support groups.

THE NATURE OF GRIEF All groups are one hour long.

The early days of the grieving process can be particularly difficult. Our bereavement services begin with *The Nature of Grief* which provides an overview of grief and offers strategies to help you during the early stages. After this group, you may choose from any of our Open Support Groups.

The Nature of Grief and our Open Support Groups are available to all without prior registration.

**Please see the group schedule on the reverse page.*

THE NATURE OF GRIEF : VIRTUAL (call 561-227-5175 for link)

Thursday, May 8 - 6:30pm

Wednesday, May 21 - 12:00pm

Thursday, May 22 - 6:30pm

THE NATURE OF GRIEF : IN-PERSON

Monday, May 5 – 11:30am : 300 Northpoint Parkway, Suite 305, West Palm Beach

Wednesday, May 7 – 12:00pm : 1531 W. Palmetto Park Road, Boca Raton

Tuesday, May 13 – 6:30pm : 1903 S. Congress Avenue, Suite 201, Boynton Beach

Thursday, May 15 - 2:30pm : 550 W. Cypress Creek Road, Suite 560, Fort Lauderdale

Wednesday, May 21 - 5:00pm : 300 Northpoint Parkway, Suite 305, West Palm Beach

Tuesday, May 27 - 6:30pm : 1531 W. Palmetto Park Road, Boca Raton

Wednesday, May 28 - 10:00am : 1903 S. Congress Avenue, Suite 201, Boynton Beach



Please call 888-499-8393 or 561-227-5175 for more information or to register for virtual groups.

For additional information regarding Trustbridge Bereavement Services, please visit trustbridge.com/grief-support

May 2025 Grief Support Calendar

OPEN SUPPORT GROUPS

Select any of the below *after* attending The Nature of Grief once. Each group is one hour.

These groups provide an opportunity for adults to come together and share their struggles on various grief related topics.

Open Support Groups are available to all without prior registration.

**Please see "The Nature of Grief" schedule on reverse page.*

OPEN SUPPORT GROUPS : VIRTUAL

Thursday, May 1 - 6:30pm : Loss of Spouse/Partner

Thursday, May 15 - 6:30pm : Loss of Parent

Tuesday, May 27 - 6:30pm : All Losses

OPEN SUPPORT GROUPS : IN-PERSON

Fort Lauderdale: 550 W. Cypress Creek Road, Suite 560

PENDING – TO BE SCHEDULED

Pompano Beach: John Knox Village*, The Woodlands Building, 700 SW 4th Street

*Use Main Entrance on SW 4th Street *Call 888-499-8393 to add your name to the list for gate entrance.*

Tuesday, May 13 - 6:30pm : All Losses

Boynton Beach: 1903 S. Congress Avenue, Suite 201

Tuesday, May 6 - 6:30pm : All Losses

Thursday, May 8 - 2:00pm : All Losses

Tuesday, May 20 - 6:30pm : All Losses

Thursday, May 22 - 2:00pm : All Losses

Boca Raton: 1531 W. Palmetto Park Road

Wednesday, May 7 – 10:30 am - All Losses

Monday, May 12 - 6:30pm : All Losses

Wednesday, May 21 - 10:30am : All Losses

Monday, May 26 - 6:30pm : All Losses

West Palm Beach: 300 Northpoint Parkway, Suite 305

Monday, May 5 - 10:00am : Loss of Spouse/Partner

Monday, May 12- 10:00am : All Losses

Monday, May 26 - 10:00am : All Losses

Please call 888-499-8393 or 561-227-5175 for more information or to register for virtual groups.

For additional information regarding Trustbridge Bereavement Services, please visit trustbridge.com/grief-support