

At Trustbridge, our mission is to bring a sense of peace and hope to those who are grieving the loss of a loved one.

We understand that during this difficult time, it may feel unimaginable to ever smile again when recalling memories of your loved one. However, with the support of our professional caring staff, we believe that healing and finding solace is possible.

Our team at Trustbridge is comprised of highly educated and experienced professionals who are dedicated to providing compassionate care. We have gained valuable expertise in navigating the complexities of grief and helping individuals find their way back to a place of peace.

We want you to know that you don't have to face this journey alone. Trustbridge is here for you every step of the way, offering support and guidance as you navigate through your grief. Together, we can help you find hope and create new memories that will bring a smile back to your face when remembering your loved one.



The Nature of Grief

The early days of the grieving process can be particularly difficult. Our bereavement services begin with The Nature of Grief workshop which provides an overview of grief and offers strategies to help you during the early stages. After that, you may choose from our Open Support Groups.

Open Support Groups

Open support groups provide an opportunity for adults to come together and share their struggles on various grief related topics.

Our Open Support Groups and Nature of Grief workshops are available to all without prior registration.

Loss-Specific Support Groups

Our loss-specific support groups are designed to help individuals share their grief with others who have had similar losses. Please call 888.499.8393 to speak with a bereavement specialist about joining a loss-specific support group.

Workshops

Our workshops are created and facilitated by our expert bereavement specialists and cover a variety of topics.

Sea Star Children's Programs

Our Sea Star Children's Program provides grief support to children and teens who have experienced the death of a loved one. Through individual counseling, support groups, workshops, family fun events, and grief camps, our programs promote resiliency, hope, courage, and self-esteem.

Please call **888.499.8393** for more information or to register for virtual groups and special events.

For additional information regarding Trustbridge Bereavement Services, please visit **trustbridge.com**.

Our bereavement team is here to help you realize that grief is a normal part of life and a natural continuation of your love for the one who died, **We are here for you.**

November 2023 Virtual Support Groups

Thursday, November 2nd, 2023 at 5:00 pm

The Nature of Grief (attend once)

Thursday, November 2nd, 2023 at 6:30 pm

Open Support Group - all Losses

Tuesday, November 14th, 2023 at 5:00 pm

The Nature of Grief (attend once)

Tuesday, November 14th, 2023 at 6:30 pm

Open Support Group - all Losses

Thursday, November 16th, 2023 at 6:30 pm

Open Support Group - all Losses

Tuesday, November 28th, 2023 at 6:30 pm

Open Support Group - all Losses

In-Person Support Groups

Boca Raton

1531 W. Palmetto Park Road, Boca Raton 33486

Wednesday, November 1st, 2023 at 9:00 am

The Nature of Grief (attend once)

Wednesday, November 1st, 2023 at 10:30 am

Open Support Group - all Losses

Monday, November 13th, 2023 at 6:30 pm

Open Support Group - all Losses

Wednesday, November 15th, 2023 at 10:30 am

Open Support Group - all Losses

Tuesday, November 21st 2023 at 6:30 pm

The Nature of Grief (attend once)

Monday, November 27th, 2023 at 6:30 pm

Open Support Group - all Losses

Boynton Beach

1903 S. Congress Ave., Ste 201, Boynton Beach 33426

Wednesday, November 1st, 2023 at 6:30 pm

Loss of a Parent Support Group

Monday, November 6th, 2023 at 6:00 pm

Loss of an Adult Child Support Group

Tuesday, November 7th, 2023 at 6:30 pm

Open Support Group - all Losses

Wednesday, November 8th, 2023 at 10:00 am

The Nature of Grief (attend once)

Thursday, November 9th, 2023 at 2:00 pm

Open Support Group - all Losses

Wednesday, November 15th, 2023 at 6:30 pm

Loss of a Parent Support Group

Tuesday, November 21st 2023 at 6:30 pm

Open Support Group - All Losses

Thursday, November 23rd, 2023

Thanksgiving Holiday - No Groups

Tuesday, November 28th, 2023 at 6:00 pm

The Nature of Grief (attend once)

West Palm Beach

300 Northpoint Parkway, Suite 305, WPB 33407

Monday, November 13th, 2023 at 9:30 am

The Nature of Grief (attend once)

Monday, November 13th, 2023 at 11:00 am

Open Support Group, All Losses

Monday, November 27th, 2023 at 9:30 am

The Nature of Grief (attend once)

Monday, November 27th, 2023 at 11:00 am

Open Support Group, All Losses

Fort Lauderdale

550 W. Cypress Creek Rd, Ste 560 Fort Lauderdale 33309

Tuesday, November 7th, 2023 at 2:30 pm

Open Support Group - All Losses

Tuesday, November 21st 2023 at 2:30 pm

Open Support Group - All Losses

Special Events

Wednesday December 6th at 7:00 pm

Angel Ceremony: A Special Evening to Honor our Children Who Have Died

Kelsey Park, 725 Lake Shore Drive, Lake Park

Open to all. No reservations necessary.

Saturday, December 9th 11:00 am - 1:00 pm

Children's Event Holiday Family Bowling Party at Greenacres Bowl with a visit from Santa on a Harley.

Space is limited and walk-ins cannot be accommodated.

Pompano Beach - John Knox Village*

The Woodlands Building 700 SW 4th St
Use the Main Entrance on SW 4th Street

Tuesday, November 14th at 6:30 pm

***please call 888.499.8393 to add your name to the list for gate entrance for this group only.**